

Organic Ginger

English Name: Ginger

Scientific Name: Zingiber officinale Roscoe

Family: Zingiberaceae

Introduction:

Ginger is an herbaceous perennial that can grow 60 – 90 cm tall bearing narrow green leaves and yellow flowers. Since the first century, ginger was exported to Europe via India. Its rhizome referred to as 'ginger root' or just 'ginger' which is recognized as one of the healthiest spices in the world. The ginger root is closely related to turmeric, cardamom and galangal.

Availability:

In Nepal, ginger is mostly grown in middle-mountainous areas throughout the country. There are two major types of ginger grown in Nepal, locally known as nashe (rich in fibre) and boshe (less fibre and thick rhizomes).

Harvesting Time:

It is planted in summer-spring and harvested in winter. Ginger is harvested by digging out the rhizomes when the tops have died down.

Part used in Trade:

Rhizome

Description of traded part:

Rhizome slightly yellow in color, can be used for the extraction of ginger oil and ginger oleoresin.

Uses:

The industrial use of ginger and ginger products can be subdivided into three industrial segments: Flavour, Herbal/Traditional medicine and Fragrance.

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